Group 30months- 5 yrs

The program is play-based, and includes a mix of learning experiences that will develop students’ social, emotional, physical, and intellectual skills while expanding their knowledge of the world in which they live.

Through play, our students develop socialization, problem-solving, language, and creativity skills. Structured and guided play allows for children to build the early foundations in literacy, numeracy, and scientific thinking. As children try out new experiences, they master fine and gross motor skills.

A typical day consists of :

Free Play

Children explore the different centres and socialize with peers.

Breakfast

Breakfast is designed to encourage conversation, while children learn about nutrition and appropriate eating habits; develop awareness of their own appetites, likes, and dislikes; and practice self-help and responsibility during clean up.

Circle time

Children learn concepts from subject areas through music and movement, songs and stories, play and planned lessons.

Organized Art Learning Centres

Daily art time is structured to be open-ended, and children are invited to try out a mix of different materials and tools. Students develop hand-eye coordination, creativity, and imagination, while learning pre-writing, social, and linguistic skills.

Snack Time

Snack times are designed to encourage conversation, while children learn about nutrition and appropriate eating habits; develop awareness of their own appetites, likes, and dislikes; and practice self-help and responsibility during clean up.

Outdoor Play

Children play outside twice a day in all weather. Outdoor play has a positive impact on the social, emotional, intellectual, and physical well-being of our early learners: the more they move, the more their brains grow and develop! This is a time for open-ended exploration and to enhance development of their senses.

Lunch

Lunch is designed to encourage conversation, while children learn about nutrition and appropriate eating habits; develop awareness of their own appetites, likes, and dislikes; and practice self-help and responsibility during clean up.

Naptime

Children rest their bodies and sleep or do quiet activities.

Snack Time

Snack times are designed to encourage conversation, while children learn about nutrition and appropriate eating habits; develop awareness of their own appetites, likes, and dislikes; and practice self-help and responsibility during clean up.

Learning Centres

Learning centre time is a chance for students to make their own choices freely. Choices include water and sand activities, drama, creative art, paints, discovery, books, puzzles and more.

Outdoor Play

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Free Play

Children explore the different centres and socialize with peers.

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| **Timing** | **Activity** |
| 7:00am-8:00am | Free play |

8:00am-8:30am Breakfast

8:30am-9:00am Morning arrival and greeting time

9:00am-9:30am Inquiry time/ Circle time

9:30am-10:00am Organized Art Learning Centres/ Art time

10:00am-10:30am Snack time

10:30am-11:30am Outdoor play

11:30am-12:00pm Reading corner

12:00pm-1:00pm Lunch

1:00pm-2:00pm Rest

2:00pm-3:00pm Learning Centers

3:00pm-3:30pm Clean Up Time

3:30pm-4:30pm Outdoor play

4:30pm-6pm Free play